



## Course Syllabus • Bachelor of Christian Counseling

Course #	Course Title	Course Description/ Credit Value
Required Material		Assignment
COU 401	Marriage Relationships	An insightful course on the differences between the different perspectives of men and women. This humorous and thought provoking class is designed to inspire married couples toward awareness and understanding of each other thought processes, creating a deeper intimacy within the marital relationship. <b>Credit Hours: 3</b>
	Video: <u>A Tale of Two Brains</u> Speaker: Mark Gungor	1. Write a reaction paper on the required video. 2. Write one page on how this video has helped you in your relationship or how it has changed your perspective of the opposite gender.
COU 407	Crisis Counseling	This course is designed to examine major stress and crisis from birth to death. Attention is given to programmatic and therapeutic responses to crisis. <b>Credit Hours: 3</b>
	Book: <u>The Complete Guide to Crisis &amp; Trauma Counseling: What to Do and Say When It Matters Most!</u> Author: H. Norman Wright	1. Write a reaction paper on the required book.
COU 410	Intro to Counseling	A survey of Christian approaches to the field of counseling focusing on paradigms and models, how they compare, and how these strategies can be implemented in ministry. <b>Credit Hours: 3</b>
	Book: <u>Christian Counseling: A Comprehensive Guide</u> Author: Gray R. Collins	1. Write a reaction paper on Part 1 of the required book. 2. Write a paper comparing at least four different counseling techniques. Choose the technique that appeals to you the most as a counselor and explain why you will use it as your primary means of counseling.
COU 412	Marriage and Family Therapy	This course focuses on the importance of the family as a foundational biblical and social institution. Students will develop an understanding of the biblical teaching on family and marriage, skills for assessing, counseling and resources for referring as necessary to build healthy families. <b>Credit Hours: 3</b>
	Book: <u>9 Things You Simply Must Do</u> Author: Henry Cloud	1. Write a reaction paper on the required book.
COU 414	Counselor/Client Professionalism	Teaching the counselor the proper clinical etiquette in their relationship with the client and the proper response that should be expected from the client, and how to initiate, maintain, and properly terminate a counseling relationship. <b>Credit Hours: 3</b>
	Book: <u>True Professionalism</u> Author: David H. Maister	1. Write a reaction paper on the course
PSY 401	Intro to Psychology	This course reviews the major themes in the study and practice of psychology, such as human nature, motivation, change and development, and spiritual struggles, as well as applied psychological knowledge for everyday life. <b>Credit Hours: 3</b>
	Book: <u>Psychology: A Very Short Introduction</u> Author: Freda McManus and Gillian Butler	1. Write a reaction paper on the required book.

<i>Course #</i>	<i>Course Title</i>	<i>Course Description/ Credit Value</i>
	<i>Required Material</i>	<i>Assignment</i>
PSY 410	Cognitive Psychology	Study of recent research and theory in cognitive processes concerning the representation, storage, retrieval, forgetting, conditioning, learning, concept formation, problem solving, and memory. <b>Credit Hours: 3</b>
	Book: <u>Retrain Your Brain: Cognitive Behavioral Therapy in 7 Weeks</u> Author: Seth J. Gillihan	1. Complete the 7 week course found in the required book. Present completed book to professor for grade. Online students must mail workbook to professor for grade. In both cases, your workbook will be returned to you.
PSY 414	Psychogenetic Application	This course shows how to identify and diagnose common symptoms of mild mental illness or personality disorders. This course also expresses ideas for easing the discomfort of mild mental illnesses through recommended changes in diet and exercise. <b>Credit Hours: 3</b>
	Book: <u>Shadow Syndromes</u> Author: John J. Ratey and Catherine Johnson	1. Write a reaction paper on the required book.
PME 300	Practical Ministry Experience	Practical experience within a ministry or professional organization. Each student must have 10 or more hours per month. Bachelor Level. <b>Required</b>

**Credit Hours: 24**